

1 lunch menu 3 courses £16.95 • 2 courses £13.95 starters

CHEF'S HOMEMADE COUNTRY TERRINE • £5.75 (GF)

Served with chef's every changing homemade chutney salad leaves and crackers.

CHEF'S HOMEMADE SOUP • £4.75 (GF) (V)

Served with toasted bloomer from grange bakery and butter.

BASKET OF WHOLE TAIL SCAMPI • £4.95

With a pot of homemade tartar sauce and a wedge of lemon.

main course

*SUNDOWNER BEER BATTERED COD AND CHIPS • £10.75

Hand-cut chips, mushy peas, homemade tartar sauce and lemon.

120Z HONEY GLAZED GAMMON STEAK • £11.50 (GF)

Grilled mushroom, fried egg and hand cut-chips, with a side of tomato and pineapple salsa.

BEEF LASAGNE • £9.95

Tender minced beef in a Ragu sauce, layered with green pasta sheets and topped with a creamy béchamel sauce and served with a garlic ciabatta roll and a side salad.

AWARD WINNING CUMBERLAND SAUSAGE • £9.95

Served on a black pudding mash, with a side of sweet onion gravy.

HANDMADE CHEESE AND LEEK PIE • £9.95 (V)

Served with a side of creamy mash potatoes and garden peas.

*Smaller portions available

side dishes

HAND CUT CHIPS • £2.75 SEASONAL VEGETABLES • £2.50

HOMEMADE ONION RINGS • £2.50 GRAVY • £1.00

HOUSE SLAW • £1.50 MUSHY PEAS • £1.00

During busy periods sides are not available on their own



THE SUN INN - CROOK

lighter snacks

LUNCH TIME SPECIAL £7.50

ADD SOME CHIPS • £1.50
SOUP & SANDWICH (See closed sandwich list below)

CLOSED SANDWICH £5.50

ADD SOME CHIPS • £1.50

On white or brown bloomer served with a side salad and Tortilla chips

TUNA MAYONNAISE
CHEESE & HOMEMADE CHUTNEY
BAKED MAPLE SYRUP ROAST HAM & TOMATO
PRAWN MAYONNAISE WITH DICED APPLE (£1.00 supplement)
CHICKEN MAYONNAISE

HOT SANDWICH £7.50

All served with chips and homemade slaw

BLT

STEAK SANDWICH(£1.00 supplement)

HOMEMADE FISH FINGER

Served with mushy peas and homemade tartar sauce

TUNA AND CHEESE MELT BACON AND BRIE

HOT POTATO £5.50

Served with a side salad

CHEESE

TUNA MAYONNAISE

IUNA MAIONNAISE

BEANS

COLESLAW

PRAWN MAYONNAISE

(£1.00 supplement)

CHICKEN MAYONNAISE

EXTRA FILLING • £1.00

HANDMADE PIE AND PEAS • £7.75

PLOUGHMANS • £8.00

(SHARE A PLOUGHMANS • £12.50)

Apple, pork pie, cooked meat, pickled onion, cheese and artisan bread.

CHEF'S HOMEMADE SOUP • £4.75 (GF) (V)

With toasted bread.

BAKED MAPLE SYRUP HAM EGG AND CHIPS • £7.50

FOOD ALLERGIES, INTOLERANCES & SPECIAL DIETRY REQUIREMENTS

All sauces and soups are gluten free we do use gluten free flour for batter mix, however this does contain ale, if you have any further dietary requirements please advise at time of ordering.

One fryer remains gluten free for cooking chips please advise server if you are gluten free.

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