



## STARTERS

### Soup of the day £6.75

Homemade soup served with freshly baked bread to dip

### Southern fried chicken strips £8.50

Homemade crispy southern fried chicken strips served with BBQ sauce and salad garnish

### Garlic mushrooms (v) £8.25

Pan fried chestnut mushrooms with white wine and garlic, finished in a creamy sauce and served on garlic bread

### Slow cooked pork 1/2 rack of ribs (gf) £10.50

Tender spare ribs served in a sticky sweet chilli glaze

### Prawn cocktail £9.50

Royal Greenland prawns served in Marie Rose sauce on a crisp leaf salad with freshly buttered brown bread

### Korean cauliflower (v) (vg) £7.50

Tempura battered cauliflower, in a sweet chilli, garlic, toasted sesame seeds and soy sauce

## MAIN COURSES

### Fish and chips (gva) Small £14.50 / £16.75

Cooked in a light crispy Thwaites Original beer batter served with proper chips and mushy peas

### Steak pie £16.75

Tender chunks of slow braised beef in a crumbly short crust pastry served with proper chips, garden peas and in a rich stock gravy

### Cheese pie (v) £16.75

Café Ri-an's famous homemade cheese pie, made with red and white mature Cheddar cheese and white onion. Served with proper chips and baked beans

### Gammon steak (gf) £17.25

10oz gammon steak, grilled to perfection and topped with a fried egg and a grilled pineapple slice, served with proper chips and garden peas

### Scampi and chips (va) (vga) Small £14.25 / £15.95

Whitby scampi fried to perfection served with proper chips and garden peas

### Sausage and mash £14.85

Frank Littler and Sons pork sausages served on a bed of creamy mashed potato, garden peas and a home made onion gravy

### Katsu curry £15.95

A crispy, panko-breaded chicken breast served with a mild curry sauce and fragrant basmati rice

ADD A BUCKET OF CHIPS FOR JUST £1.50

### Caesar salad £14.00

Juicy grilled chicken breast served on top of traditional salad with crisp gem lettuce, croutons, Parmesan, anchovies and bacon in a classic dressing

### Homemade lasagne £16.95

Using Frank Littler & Sons minced beef, layers of lasagne sheets, bechamel sauce and a rich beef tomato ragu sauce, topped with cheddar cheese and served with garlic ciabatta and salad leaf garnish

ADD A BUCKET OF CHIPS FOR JUST £1.50

### Slow cooked pork rack of ribs (gf) £21.95

Tender spare ribs served in a sticky sweet chilli glaze, served with fries, coleslaw and salad leaf garnish

### Chicken and king prawn skewers £16.95

Chargrilled with red onion, peppers, courgettes, served with a herbed rice and drizzled with a mild harrisa creme fraiche, salad garnish, sourdough flatbread

### Gourmet burger £17.25

7oz Frank Littler and Sons prime steak burger, topped with crispy bacon, cheddar cheese, in-house made burger sauce & served in a Brioche bun with sliced tomato and baby gem lettuce, coleslaw and skinny fries

### Aromatic burger (v) (vg) (gf) £15.25

A lightly spiced mix of broad beans, peas and spinach, coated in gluten free breadcrumbs flecked with rice flakes and parsley, in a bun with lettuce, sliced tomato and served with coleslaw and skinny fries

### Southern fried chicken burger £17.25

Juicy chicken breast coated with panko breadcrumbs, topped with cheddar cheese served in a brioche bun, with crisp gem lettuce and sliced tomato, served with skinny fries and coleslaw

ADD BACON FOR £1.00

OUR 12" PIZZAS AND GARLIC BREADS ARE HANDMADE AND STONE BAKED

**Margherita (v) £10.95** Mozzarella and tomato with mixed herbs

**Meat feast £14.00** Chicken, ham, pepperoni, mozzarella and tomato

**Pepperoni £13.25** Spicy pepperoni, mozzarella and tomato

**Pescatore £13.00** Tuna, red onion, chilli, garlic, mozzarella and tomato

**Romana £12.75** Ham, mushroom, mozzarella and tomato

**Vegetarian (v) £12.00** Mushroom, red onion, peppers, cherry tomato, mozzarella and tomato

**Trader's special £13.75** Mushroom, red onion, chicken, BBQ sauce, mozzarella and tomato

**Hawaiian £12.75** Ham, pineapple, mozzarella and tomato

**Diavola £13.50** Pepperoni, peppers, chilli, mozzarella and tomato

EXTRA TOPPINGS... SWEETCORN, PEPPERS, RED ONION, CHILLI, MUSHROOM, GARLIC, PINEAPPLE £1.00

PRAWNS, TUNA, HAM, CHICKEN, PEPPERONI £1.50

**Garlic bread (v) £7.75**

with cheese £8.75

with tomato £8.45

with red onion, chilli and tomato £8.65

## PIZZAS

Mellor Lane, Mellor, Blackburn, BB2 7EW • 01254 812478 • [tradersarmsmellor.co.uk](http://tradersarmsmellor.co.uk)

v vegetarian. vg vegan. va vegetarian option available on request. vga vegan option available on request. All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Traders Arms avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to a team member about the ingredients in your meal, when placing your order. Thank you.