

Seasonal, Fresh, Wholesome and Delicious Plant-food



0

Welcome, and thank you for choosing Manna vegan restaurant!

MANNA "SUNDAY ROAST" SPECIAL

Wellington of black bean base with a homemade puff pastry, wrapping a duxelles of marinated green kale, topped with a choice of **Mushroom** or **Red Onion** gravy.

GF option: **Tofu slice** - our glazed & marinated oven baked tofu topped with nut crumble, or glazed tofu sausage (on the day).

Served with:

Yorkshire pudding – fluffy but firm no-egg homemade Yorkshire topped with gravy.

Roasted potatoes – seasoned in olive oil and fresh rosemary, thrice turned, and crispy.

Hasselback potato – Hasselback style, baked, fanning out to reveal the fluffy inner potato topped with a creamy cheese sauce, or creamy gratin baked potato layers (on the day)

Seasonal Vegetables - steamed, pan-fried or gridled– a selection of farm fresh seasonal vegetables to complement the full roast.

ONLY £ 19.80

A Service charge of a minimum 15% is not included. We cater for all allergens with advance notice.

Seasonal, Fresh, Wholesome and Delicious Plant-food

DRINKS OVERLEAF....

BOTTLES

Champagne and Prosecco

Jean Pierre **FLEURY** champagne – honey scents from a blend of best chardonnay and pinot noir grapes – **55**

Giol doc Treviso Frizzante – semi-sparkling pale straw yellow with greenish highlights – **28**

Denbies Wines UK – Sparkling – delightful sparkling made in the Surrey Hills - **35**

Rose Wine

Denbies Wines UK – Dark Rose – delightful sparkling made in the Surrey Hills– **25**

Red Wine

Domaine Bousquet – **Pinot Noir** . organic 2017. A bright, ruby red with cherry & plum & smoky aromas – **32**

Denbies Wines UK – Red – delightful house red made in the Surrey Hills– **25**

White Wine

Mont Albano **Pinot Grigio** – light sweet and hint of old spice – **26**

Denbies Wines UK – Flint Valley White – light and delicious, made in the Surrey Valleys – **25**

WINE BY THE GLASS

Rose, Red or White ... House wine by glass – **7**

Non-Alcohol – **5**

BEER, CIDER & SHOTS

Freedom Larger /Helles/ Pale (330ml)– **5.50**

Fabal Larger (330ml) – **5.50**

Non Alcohol beer – **4**

Apple cider - Dunkerton's premium (500ml) – **7**

25mm shots (premium Jelly's **vodka**, Scottish **whisky**, UK **gin**) – **4**

SEASONAL FRUIT DRINKS & MINERAL WATER

Homemade fresh farm **Apple Lemonade** or **Seasonal fruit** option of the day (266ml) – **4.50**

Mineral Water- *Natural* or *Sparkling* UK sourced: 70cl bottle - **4** / 330ml bottle – **2.50**

TEA & COFFEE

Black, espresso, white (oat milk) – **3.60** / Double espresso – **4.50** / Selection of Herb teas, or plain - **3.20**

A Service charge of a minimum 15% is not included. We cater for all allergens with advance notice.