

BREAKFAST

(Served from 8.30-11.30am)

The Hangover 1 2 5 6 7	9.95
Pretzel Bun, Fried Hens Egg, Tuscan Sausage, Dingley Dell Bacon, Tater Tots, Bloody Mary Ketchup	
Meaty One 5	14.00
Flank Steak Cooked Pink, Fried Hens Eggs, Parmesan & Rosemary Fries	
The Grass is Greener 1 2 5 6	11.25
Asparagus, Guacamole, Scrambled Egg, Vanilla Yoghurt and Seasonal Berries	
Tuscan Hash 1 2 5	12.95
Bacon, Chorizo, Potato, Fine Roasted Pepper, Caramelised Onion, Parmesan and Fried Egg	
Exotic Fruit Salad 3	11.25
With Lemon Sorbet and Pistachio Crumb	
Lox & Bagel 1 2 5 8	13.25
Bagel, Dill Cured Gravalax, Sliced Red Onion, Cream Cheese, Lilliput Capers	
Holy Moley Guacamole 5 6	9.95
Linseed Gluten Free Bread, Fresh Avocado, Guacamole, Heritage Tomatoes, Poached Hen Eggs, Chilli Flakes	
The Vegan Hangover (v) 1 6	10.95
Tater Tots, Fake Bacon, Mountain Sausages, Bloody Mary Ketchup on a Vegan Bun	
Lel's Pancakes 1 2 3 5	6.95
Buttermilk Pancake. For 1.75 add one of the following: Vanilla Yoghurt, Oreo, Biscoff, Bacon, Maple Syrup, Chopped Banana, Morello Cherries, Nutella or Blueberry Compote	
Nutella Filled French Toast 1 2 3	12.00
Cibo Breakfast Quesadilla 1 2 5	9.50
Scrambled Eggs, Spring Onion, Heritage Tomato, Wild Mushroom, Sussex Charmer	

Allergy Key

- 1 Gluten 2 Milk 3 Nuts 4 Mustard
5 Eggs 6 Soy 7 Celery 8 Fish
9 Shellfish 10 Peanuts 11 Sesame
12 Sulfites

As our dishes are hand made, unfortunately we can not guarantee that they are 100% free from allergens.

All our food is freshly made to order with the finest ingredients and locally sourced where possible.

LUNCH

(Served from 11.30am-3.00pm)

The Loaded Italian 1 2 3 5 6 11	
Cold cuts from the Deli 100g @ 8.50 200g @ 9.95	
Cheeky Chops 1 2 3 5 6 11	9.95
Mortadella I.G.P, Valerio's Stracciatella Mozzarella, Cibo Pesto	
Il Cibo 1 2 3 4 5 6 11	10.50
Tuscan Sausages, Taleggio D.O.P, Roasted Peppers, Radicchio & Honey Mustard Mayonnaise	
Zia 1 2 3 5 6 11	10.25
Salami Milano, Nduja Spread, Roasted Peppers, Pesto & Provolone Dolce	
Chicken Parmigiana 1 2 3 5 6 11	11.50
Breaded Chicken Cottelette, Nonna's Sauce, Valerio's Mozzarella	
3 Little Piggy's 1 2 3 4 5 6 11	11.95
Slow Cooked Pork, Dingley Dell Bacon, Rostello Ham, Sussex Charmer Cheese, Pickled Gherkins, 1000 Islands Dressing	
Kiev Poppin Tots 1 2 3 5 6 12	9.95
Popcorn Chicken, Tater Tots, Kiev Mayonnaise, Parmesan, Crispy Onions	
Chicken Saltimbocca 2 5	11.95
Lemon & Oregano Marinated Chicken, Sage Mayonnaise, Parma Ham, Roasted Peppers & Rocket	
The Kevin Bacon 1 12	15.95
Streaky Bacon, Bacon Jam, Coppa, Brown Sauce	
Big G's Polpettone 1 4 5 12	12.50
Traditional Italian Polpettone, Nonna's Marinara Sauce, Served in an Italian Torpedo Roll Add Tuscan Sausage £2.50 or Chicken Cottoletta £4.95	
10 Hour Braised Beef Brisket 1 4 12	14.00
BBQ Sauce, Perfectly Pickled Red Cabbage, Crusty Torpedo Roll	
Squid Deluxe 1 2 3 5 6 8 11	10.95
Crispy Squid Rings & Tentacles, Lemon Mayonnaise, Koffmann Fries, Cornish Sea Salt	
Cajun Fish Finger 1 2 8 12	13.95
Jalapeno and Lime Tartare, Lettuce and Cibo Bread	
Caprese 1 2 3 5 6 11	9.50
Grilled Courgettes, Valerio's Stracciatella Mozzarella, Marinated Aubergine, Pickled Red Onions, Cibo Pesto	
Vegan Philly Cheese Steak (v) 1	12.50
Sliced Portobello Mushroom, Sauté Green Peppers, Jalapeno Topped with Vegan Cheese	

SIDES

Frickles 1 2	5.50
Beer Battered Dill Pickles	
Arancini 1 2 5	<i>each</i> 3.50
Koffman's Fries	4.50
Sweet Potato Fries	4.75
Cibo Salad	4.50
Calamari 1 2 5 8	7.00
Cheesy Tots 2 5	4.75
Parmesan Tots 2 5	7.50
Ziggy Balls 1 2 5	7.00
Stuffed Courgette Flowers 1 2 5	7.50
Nonna's Sauce	

SAUCES

all **0.75**

- Kiev Mayonnaise**
- Sage Mayonnaise**
- Mayonnaise**
- Ketchup**
- Brown Sauce**
- Honey & Mustard**
- Black Garlic**
- Truffle Mayonnaise**

CIBO BIMBO

(under 12's)

(all Bimbo Cibo served with Koffmann's Fries)

Kid's Pasta 1 2 7	6.50
La Tua Potato with Cibo Tomato Sauce	
I'm not a Pizza 1 2 6 7	6.50
Focaccia Style Pizza, Cibo Tomato, Valerio's Mozzarella	
Cibo Popcorn 1 2 3 5 6 12	6.50
Cibo Southern Fried Popcorn, Kenny's Ketchup, Fries	
Piccolo Panino al Prosciutto	6.50

FRESH PASTA

(Served daily)

Pasta of the Day	8.95
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DRINKS

Teas (<i>Clipper Tea</i>)	
English Breakfast	2.20
Earl Grey	2.20
Organic Peppermint	2.20
Organic Pure Green	2.20
Ginger & Lemon	2.20
Calmer Chameleon	2.20
Organic De-Caff	2.20
Juice	
Santal - Orange, Peach or Apple	2.50
Coffee (<i>La Genovese</i>)	
Cappuccino	2.75
Flat White	2.75
Americano	2.25
Latte	2.75
Espresso <i>Single 1.50 Double</i>	2.25
Macchiato	2.25
De-Caff	2.75
Affogato	3.50
Hot Chocolate 2 5	
CIBO Hot Chocolate	2.80
Beer & Cider	
Camden Hells (<i>England, 330ml</i>)	4.75
Menabrea Blonde (<i>Italy, 330ml</i>)	4.75
Orchard Pig Rev (<i>England, 500ml</i>)	5.75
Mela Rossa (<i>Italy, 330ml</i>)	4.75
Aperitif & Cocktails	
Aperol Spritz <i>Prosecco, Aperol</i>	7.50
Blood Orange Mimosa <i>Prosecco, Blood Orange</i>	7.50
Cibo Bloody Mary <i>Vodka, Bacon Salt, Tomato, Celery Classic, Spicy or Hot</i>	8.50
Rosemary Negroni Gin <i>Rosemary Infused Vermouth Campari</i>	9.50
Wine	
Prosecco (<i>Spumante Cipriani, 125ml</i>)	5.50
House Weekly Special <i>Small 175ml Red/White</i>	5.50
<i>Large 250ml Red/White</i>	7.00
Bottled Wine	
<i>Sparkling:</i>	
Prosecco Santa Margherita	
Valdobbadiene (DOCG) 750cl	£23.85
Prosecco Col de' Salici (DOCG) 750cl	£26.50
<i>Red Wine:</i>	
Lamole di Lamole Chianti Classico (DOCG) 750cl	£25.85
Orsetto Oro Orus Primitivo (DOCG) 750cl	£23.65
Taurasi Tenure Campagna (DOCG) 750cl	£34.85
<i>White Wine:</i>	
Gavi di Gavi (DOCG) 750cl	£29.50
Sella e' Mosca Superiore (DOCG) 750cl	£24.45
Greco di Tufo Altavilla (DOCG) 750cl	£25.85
Soft Drinks	
Coke-Cola (<i>Coke, Coke Zero, 330ml</i>)	2.50
Dalstons (<i>Cherryade/Elderflower/Rhubarb, 330ml</i>)	2.50
Polara (<i>Arancia Rossa/Chinotto/Gassosa, 275ml</i>)	2.50
Water	
Surgiva Acqua (<i>Still or Sparkling Water, 500ml</i>)	2.50

Una cena senza vino è come un giorno senza sole · No si gioca con il Cibo! · La vita è troppo lieve per mangiare e bere male · Non ce amore piu sincero di quello per il Cibo

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