

TOTEM

COFFEE . KITCHEN . COCKTAILS

SMOOTHIES & SHAKES

KALE KICK Kale, spinach, apple & mango	4.85
BERRY GO ROUND Strawberry, blackberry, raspberry & cranberry	4.85
BLUEBERRY BLUES Blueberry, raspberry, banana, apple & flax seeds	4.85
LAST MANGO IN HALIFAX Mango, passionfruit & pineapple	4.85
MORNING STRAWBERRY GLORY Strawberry, vanilla frape & milk	4.85
OREO SHAKE Vanilla ice cream blended with chunks of Oreo cookies, topped with whipped cream and crushed Oreos	4.85
LOTUS BISCOFF SHAKE Vanilla ice cream blended with Lotus Biscoff spread, topped with whipped cream and crushed Biscoff cookies	4.85
MINT AERO SHAKE Vanilla ice cream blended with Mint Aero chocolate, topped with whipped cream and chocolate shavings.	4.85

BOTTLED DRINKS

COCA COLA CLASSIC	2.3
COCA COLA ZERO	2.3
SPRITE	2.3
FANTA ORANGE	2.3
FANTA FRUIT TWIST	2.3
DR PEPPER	2.3
FRESH ORANGE JUICE	2.3
FRESH APPLE JUICE	2.3
FRESH CRANBERRY JUICE	2.3
FRESH PINEAPPLE JUICE	2.3
STILL WATER	1.8
SPARKLING WATER	1.8
FEVERTREE	
INDIAN	2.5
MEDITERANEAN	2.5
LIGHT	2.5
FENTIMANS	
ELDERFLOWER	2.5
GINGERBEER	2.5
ROSE LEMONADE	2.5
DANDELION & BURDOCK	2.5

WINES

RED	175ML	BOTTLE
SHIRAZ	5.75	25
MERLOT	5	20
MALBEC	6.25	28
WHITE		
PINOT GRIGIO	5	20
CHARDONNAY	5.5	22
SAUVIGNON BLANC	7	30
ROSE		
PINOT BLUSH	5	20
ZINFANDEL	5.25	22
SPARKLING		
PROSECCO	5.5	22

BOTTLED BEERS

LAGER	
MORETTI	4
PERONI CAPRI	4
CORONA	4
DESPERADO	4
BUDWEISER	4
CIDER	
ASPALLS	4.5
OLD MOUT CIDER	4.5

All our dishes & dressings are made & prepared in-house. Please inform us of any allergies or intolerances before placing your order. (Gluten free bread is available)